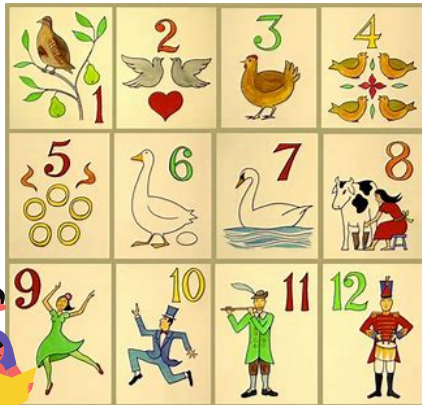


Activity Ideas

with
Wiltshire
Children's Centres

Our play inspiration this week:
Festive Fun



The Twelve Days of Christmas

Wow your child with a performance of this classic song with a full orchestra, ballet and choir!



Blueberry Porridge

You will need:
Porridge oats
Full fat milk
Frozen berries
Banana
Plain yoghurt



Great for all the family.

Suitable from 7 months

start 4 life

Click here to see this recipe and more

Activity Idea - Older Explorers Dancing and Having Fun

Guaranteed to take most parents out of their comfort zone, but your children will love you for joining in!

Use the 'Twelve Days of Christmas' song to perform some actions along with it. There are so many benefits to singing and dancing, but most of all, it's just good fun!



Did you know...

When a child enjoys music and learns to dance to its rhythms, it stimulates their brain. This improves their cognitive abilities, relaxes them and improves their mental health.

Activity Idea - Tiny Tots Cushions and Boxes Wrapped Up



After the big event, save some wrapping paper to wrap empty boxes or even small cushions.

Your baby will love reaching for the brightly coloured objects or the sound of the paper as they lay on the cushion.

Never leave baby alone around anything that could be a choking hazard.

Discovery time

Why do we give gifts at Christmas and other religious festivals?

Talk to your child about the feelings they experience when they give or receive a gift.

