

Activity Ideas

with
Wiltshire
Children's Centres

Our play inspiration this week:
Feelings and Emotions

We Are Together



Click on the picture to take you to the story.

'On our own we are special but when we join up hand in hand, together, we're a TEAM!'



Baked Plantain

You will need:
Plantain
Yoghurt
Vegetable oil



Great for all the family.

Suitable from
6 months

start 4 life

Click here to see this recipe and more

Activity Idea - Older Explorers Paper Chains



Paper chains using brightly coloured or old wrapping paper. Cut into strips, roughly the same size. Use a glue stick to make the first link. Thread through the next piece of paper and then glue the ends together. How long can you make your chain?

Did you know...

Our Five to Thrive course provides you with all the information you need to support your child's developing brain.

Respond Cuddle Relax Play Talk
These are the daily 'five to thrive' building blocks for a healthy brain.

Activity Idea - Tiny Tots Sensory Lights

Fill a plastic bottle with some twinkly lights and seal the bottle securely. Turn the lights down low for some calming sensory time. Make sure baby is warm and comfortable. Roll the bottle to and fro and sing or play some nursery rhymes - try 'twinkle twinkle little star'.



Discovery Time

What does 'teamwork' mean? Find out what your child thinks it means to be part of a team.

