

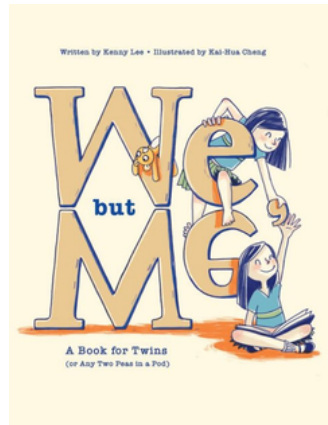
Activity Ideas

with
Wiltshire
Children's Centres

Our play inspiration this week:
My Family

We, but Me

A story about twins.
These girls may look
the same, but it
doesn't mean they
like all the same
things.



Delicious Dahl

You will need:

Split peas
Onion
Garlic puree
Chilli powder
Ground tumeric



Great for all the
family.

Suitable from
6 months

start 4 life

Click here to
see this recipe
and more

Activity Idea - Older Explorers Sorting by....

Sorting colours and
shapes all help towards
early maths skills for
children.

What have you got that
can be matched up?
Toy cars, building bricks
or toy animals.



Did you know...

Non-identical twins are more
common in some ethnic groups, with
the highest rate among Nigerians
and the lowest among Japanese.

If you're pregnant and over 35
you're more likely to have non-
identical twins because you're more
likely to release more than 1 egg
during ovulation. *www.nhs.uk

Activity Idea - Tiny Tots Facial expressions and silly voices



Talking to your baby or
copying when they
babble is an easy way to
build their brain
throughout the day. Even
talking about simple
actions as you do them is
a great place to start. Try
adding silly voices and
use expressions to bring
your words to life.

Discovery time

Brain-building all starts with taking
a cue from your little one. Look to
see what they find interesting or
funny, copy and react to what they
do. Check out 'Look,say,sing and
play' on the NSPCC website.

NSPCC

Look, say, sing
and play

