


Activity Ideas

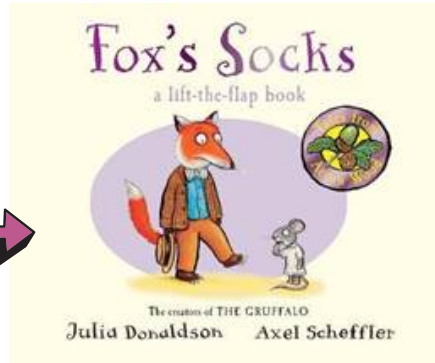
with
Wiltshire
Children's Centres

Our play inspiration this week:
Daily Life

Fox's socks

A story about getting dressed!

Click here  to go the story.



Butternut Squash and Red Pepper Soup

Hot Tip!
Make this in bulk
and freeze for
later!



Great for all the
family.

Suitable from
7 months

start 4 life

Click here to
see this recipe
and more

Activity Idea - Older Explorers Dressing Up Game

Use a timer to see how quickly you can put on your socks or a coat. As you get quicker, see how many clothes you can put on in two minutes.

Putting your coat on by yourself is one of the 10 top tips for starting school!



Activity Idea - Tiny Tots Sock Puppet Story Time

Story time, singing or just having a chat with your little one can be even more engaging for them when you use a sock puppet.

Sew on a face or draw it on like the one shown here. Can you make a sock puppet to go with a story or nursery rhyme?



Remember that small objects sewn onto the sock could become a choking hazard.

Did you know...

Learning to get dressed requires a lot of skills such as...

Fine motor skills - learning to fasten buttons and zips.

Gross motor skills - standing on one leg to pull on a pair of pants.

Cognitive skills - remembering which bits of clothing go on first, and building the patience and attention to finish the task.

Discovery time

What goes on first?

What goes on last?

