

# Activity Ideas

with  
Wiltshire  
Children's Centres

Our play inspiration this week:  
'Making Music'

## Music Making with Peppa Pig

Join Peppa Pig as she and her friends learn how to make musical instruments.



Click here



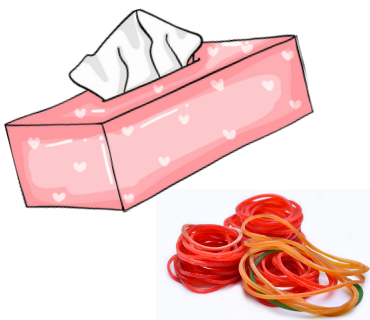
## Activity Idea - Tiny Tots Saucepan Band



Grab pans and plastic bowls from your cupboards. Turn them over and give your child spoons to play different sounds. Sing and play along to some of your favourite nursery rhymes.

Always supervise your baby during any activity.

## Activity Idea - Older Explorers Making Musical Instruments



Save your empty tissue boxes and stretch 4 or 5 rubber bands over the box. Show your child how you can lightly twang the bands to make a tune.

## Omelette Fingers

You will need:  
Eggs  
Onion  
Red pepper  
Vegetable oil



Suitable from 6 months up

start 4 life

Click here to  
see this recipe  
and more

## Did you know...

Babbling, playing and laughing together with your child releases a feel-good hormone called oxytocin which helps the two of you to bond.

Five to Thrive underpins our work with families and children. [Click here to find out more about it](#)

## Discovery time

Go on a musical instrument hunt around your home or outside with your little one and discover all the different sounds that objects make.

Try holding a blade of grass tightly between your thumbs and blowing it hard. What happened?

