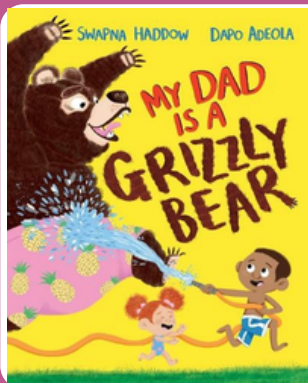


Activity Ideas

with
Wiltshire
Children's Centres

Our play inspiration this week
is: Emotions in play



My Dad is a Grizzly Bear

Click on the picture to take you to the story read by Dapo Adeola.

What emotions did grizzly bear Dad have?

What's the best thing about your Dad?



Fruit Medley Yoghurt

You will need:
Plain yoghurt
Banana
Orange
Grapes (quartered)



Suitable from 12 months up

Great for all the family.

start 4 life

Click here to see this recipe and more

Activity Idea - Older Explorers Small World play



Play in the garden or inside using cars, dinosaurs, farmyard animals and people.

Small world play encourages language development, understanding of cause and effect and creative thinking.

Did you know...

Honey should be completely avoided until your baby is 12 months old. Honey contains bacteria that can lead to infant botulism, an illness that can make your baby seriously unwell.

[CLICK HERE](#)

Click the button to see more weaning tips from the NHS Start4Life Website

Activity Idea - Tiny Tots Finger Puppets



You can use dishwashing gloves to create 10 finger puppets.

Use a permanent marker to draw simple little faces on each finger to maximize their personalities.

Get ready to call each of their individual names, bending each in acknowledgement.

You could sing the rhyme Tommy Thumb.

Discovery time

A puppet is an excellent distraction method, and can be easily transportable! A finger puppet on your hand is great for babies as it catches their eye and you can move it about as you sing or chat. Puppets can take the form of people, objects or animals, and can be made from almost anything!

