

# Activity Ideas

with  
Wiltshire  
Children's Centres

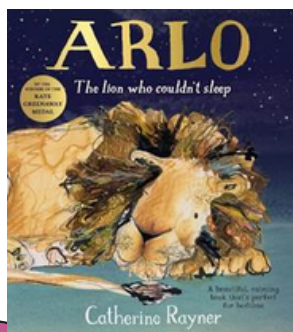
Spurgeons  
Together with families

Our play inspiration this week:  
Everyday life

## Arlo: The Lion who couldn't Sleep

A story about a lion who could not get comfortable and meets a special owl who helps him get to sleep

Click here to go to the story.



## Egg and Toast Fingers with Tomatoes

You will need:

- 1 medium egg
- 1 small slice wholemeal bread
- 1 tsp vegetable oil spread
- 2 cherry tomatoes, quartered



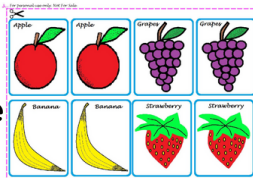
Suitable from 10-12 months

start 4 life

Click here to see this recipe and more

## Activity Idea - Matching pairs

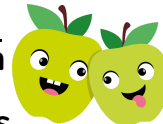
Why not try a game of matching pairs to support your child with recognising similarities and differences together? All you need is some paper, some scissors and crayons or felt-tip pens.



## Did you know...

Matching games can help

- Improve concentration
- Train visual memory
- Help to classify objects that are grouped by similar traits
- Improve vocabulary
- Develop visual perceptual skills, thinking and memory skills



## Activity Idea - Tiny Tots Calming down before bed

Make going to bed fun for tiny tots!

1. Choose each others pyjamas and put them on.
2. Have a toothbrush party with some music.
3. Make up a bedtime story where someone in the family is the main character with a silly voice.



## Discovery time

Try out our FREE sensory rooms on 0800 970 4669

<https://wiltshirechildrenscentre.org.uk/whats-happening/course-timetable/>

