

Let's Go Outside



Four Fun Simple Activities to do outdoors.

1. Bike Rides



Take a family bike ride through your neighbourhood or find a local trail. Don't forget to wear your helmets!

2. Picnic in the park



Pack a lunch together, bring a blanket, and enjoy a meal outdoors. Don't forget to take some games to play afterward!

3. Gardening together

Start a small garden at home. Let your kids pick what to plant and take care of it as it grows.



4. Bird watching

Set up a bird feeder and take some binoculars to observe the different species that visit your backyard.



Give us a call on 0800 970 4669
for more information and help.
Or visit our website
<https://wiltshirefamilyhub.org.uk>

