

Family Hub focus on :

peep

Issue 7 - 2026

www.wiltshirefamilyhubs.org.uk

supporting parents and
children to learn together

NEW

We are excited to introduce our brand new group for families:

Peep Learning Together Group

Join us for a series of relaxed session of stories, songs, play, and conversation. Together we'll explore easy, enjoyable ways to support your child's development through everyday family life and create new connections with other parents and carers

Come along and join a weekly group learning together for children under 5 years with their parent/ carer .

See our website [here](http://www.wiltshirefamilyhubs.org.uk) to let us know you are interested

You can still attend our range of Time out for Parents programmes, Five to Thrive, Bookstart and more. See our website for more details

www.wiltshirefamilyhubs.org.uk

Car Seat Safety

Did you Know??

Babies shouldn't sleep in car seats for long periods
Car seats are designed to keep babies safe while travelling, but they're not designed to be a main sleeping place so they're not suitable for sleeping in for long periods. Use them for transport only, not as an alternative to cots or high chairs.

All children travelling in a car must use correct child restraint for their weight and height until they are 135cm tall or 12 years of age

ROSPA have clear information and guidance around the use of car seats

[CLICK HERE!](#)

ROSPA

accidents don't have to happen

[The Lullaby Trust give advice around babies sleeping in cars](#)

[CLICK HERE!](#)

Contact us by email:
wiltshirefamilyhubs@spurgeons.org

Contact us by phone:
0800 970 4669

Support We Offer

We are here to help with a whole range of topics including:

Ideas around implementing routines and setting boundaries.

Help to understand your child's needs and build your confidence as a parent.

Help around finances, housing applications, debt support and accessing benefits.

Support for healthy relationships

Volunteering opportunities

Healthy Start vitamins and vouchers

Advice on local childcare and applying for funding.

Introductions to other services

Sensory Play Spaces
(Chippenham, Salisbury and Trowbridge)

Baby Wardrobe Project
(Clothing for children 0-12 months)

Facebook

Our Wiltshire Family Hub Facebook page is another way for families to stay up to date like and follow to stay in touch with us.

Simply click here:



Get in touch with us

If you have any questions or would like more information about our services please call us on one of our numbers below or check out our website:

Freephone:
0800 970 4669

wiltshirefamilyhubs@spurgeons.org

Other useful numbers:

Health visitor - Single Point of Access
0300 247 0090

National Breastfeeding helpline
0300 100 0212

Fearfree (Domestic Abuse support Service)
01225 775276

National Domestic Abuse Helpline
0808 2000 247

For access to our Family Navigators check out our drop in timetable **HERE**

For information about our parenting courses please go **HERE**

Click here to visit our website



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